

# Teton Valley Activities

**Don't let the phrase "Quiet Side of the Tetons" fool you! There is so much to see and do here in Teton Valley Idaho! Here are just a few ideas to get you started.**

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## Multi-Use Trail Systems

Surrounded by Caribou-Targhee National Forest areas, Teton Valley provides endless opportunities for outdoor recreation and nature appreciation. In partnership with the Teton Basin Ranger District of the National Forestry Service, Teton Valley Trails and Pathways works hard to maintain the trail systems for your adventurous outdoor enjoyment. Trail systems in the area include multi-use, non-motorized travel great for trail running, hiking, biking and horseback riding, however, please be aware that some trails in the area are reserved for single-use travel.



To obtain a map of the surrounding trail systems, visit the Caribou-Targhee National Forest's website: [www.fs.fed.us/r4/caribou-targhee](http://www.fs.fed.us/r4/caribou-targhee) or pick up one up at their Driggs office. If you are looking for biking specific trails, Teton Valley Trails and Pathways publishes a great mountain biking guide to Teton Valley trails. All proceeds from the sale of this publication support Teton Valley Trails and Pathways and their continued efforts. To learn more visit: [www.tvtap.org](http://www.tvtap.org).

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## Water Recreation

**Teton River** - The Teton River runs through it...the Teton Valley that is! Enjoy world class fishing in a hotspot not often crowded, or take part in a leisurely kayak, packraft or canoe float through the Teton Valley farm fields. Paddle boarding on the river is fast becoming a water recreation favorite for the locals.

The Teton River is easy flowing and family friendly! Wildlife is frequently spotted in the early morning and evening hours. The river is easily accessible at various points throughout the valley; most of which are marked with signs on the highway. If you can't find an access point, just ask a local. They can guide you!

**Trail Creek Pond** – A family-friendly fishing pond located East of Victor, ID. It is one of the most consistent kid's fisheries in the area.

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## Grand Targhee Resort



A year round mountain resort located approximately 12 miles East of Driggs, Idaho. The resort offers a variety of activities for everyone: scenic chairlift rides, amazing biking/hiking trails for all levels, an 18-hole disc golf course, horseback riding, naturalist tours, arcade and a climbing wall. The resort has four lodging facilities to choose from; all of which provide access to the resort's outdoor pool and spa, and are walking distance from restaurants, shopping and great mountain activities.

The Grand Targhee Resort is continually recognized for genuine western hospitality, scenic beauty, excellent value and commitment to sustainability. To learn more about Grand Targhee Resort visit [www.grandtarghee.com](http://www.grandtarghee.com).



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## Dreamchasers Fitness Classes

We believe one of the greatest activities here in the Teton Valley is a Dreamchasers Fitness Class! Our fitness facility is state of the art and offers onsite child care for all morning classes at a nominal fee.

As a Dreamchasers race participant, you will receive the following discounted drop-in class rates:

- \$8.00 – 1 hour class
- \$12.00 – 1 ½ hour class
- Childcare - \$1.00/hour per child

To view a current class schedule visit [www.DreamchaserEvents.com/Classes](http://www.DreamchaserEvents.com/Classes) and click on the class schedule link.

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## Scenic Flights

**Teton Aviation**

[www.tetonaviation.com](http://www.tetonaviation.com)

**800.472.6382**

Enjoy the view of Teton Valley from the sky! Scenic rides in both gliders and powered airplanes available along the Teton Range.

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## Ballooning



Enjoy the Teton Valley sky view from a hot air balloon! This is a unique experience with memories to last a lifetime.

**Teton Balloon Flights**  
866-533-6404

[www.tetonballooning.com](http://www.tetonballooning.com)

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## Horseback Riding

Experience the breathtaking trail views of Teton Valley by horseback. Trail rides, pack trips and dinner rides are available from expert guides that will lead you through rivers and streams, wildflowers and aspen groves where wildlife is often spotted. Choose from one-hour rides to multi-day pack trips.

**Linn Canyon Ranch**

[www.linncanyonranch.com](http://www.linncanyonranch.com)

208.787.5466

**Teton Mountain Ranch**

[www.elkadventures.com](http://www.elkadventures.com)

866.787.9005

**Moose Creek Ranch**

[www.moosecreekranch.com](http://www.moosecreekranch.com)

208.787.6078

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## Rodeo

The Teton Valley Rodeo is brought to you every Friday night during the summer months at the Driggs Idaho fairgrounds. For additional information and schedule details contact: [suntannedhero@hotmail.com](mailto:suntannedhero@hotmail.com) or (208) 313-1470.

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## Golfing

Teton Valley is home to some spectacular golf courses. All courses are well-maintained and each offers it's own unique golfing experience to it's players.

**Teton Springs Resort Golf**

[www.tetonsprings.com](http://www.tetonsprings.com)

(877) 787-8757

**Teton Reserve Golf Course**

[www.tetonreserve.com](http://www.tetonreserve.com)

(208) 787-4224



**The Links at Teton Peaks**

[www.linksgc.com](http://www.linksgc.com)

(208) 456-2777

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## Day Spa/Massage Services

Stillwaters Spa and Salon

[www.tetonsprings.com](http://www.tetonsprings.com)

208.787.7250

Pamper yourself with the great services offered by the Stillwaters Spa and Salon and then spoil yourself with the spa amenities and ambience! The Stillwaters Spa and Salon offers massage services, facials, body treatments, hair and nails. As a spa guest, you have access to the spa amenities such as eucalyptus steam rooms, hot tubs and a relaxation room complete with tranquility.

For massage services only, contact any of these great massage service locations in the Teton Valley:

Anew Massage

[www.anewmassagellc.com](http://www.anewmassagellc.com)

208.709.5650

BodyWise Therapeutic Body Work

[www.highpeakspt.com/massage](http://www.highpeakspt.com/massage)

208.354.2871

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## Movies

### Spud Drive In

Watch a movie the old-fashioned way...the Drive In! The Spud Drive In is one of the few left of it's kind. Don't miss your opportunity for this classical experience. Movies are shown Monday thru Thursday and the drive in is now digital for new release showings!



[www.spuddrivein.com](http://www.spuddrivein.com)

(208) 354-2727



### Pierre's Playhouse

If you prefer to watch movies indoors, Pierre's Playhouse is an indoor movie theatre that offers showings of new releases in a little home town theatre atmosphere. Visit: [www.pierresplayhouse.com](http://www.pierresplayhouse.com) or call (208) 787-7469.

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## Music on Main



Music on Main is a FREE outdoor music event every Thursday night June 27<sup>th</sup> – August 15<sup>th</sup>. This family-friendly event hosts a lineup of highly talented bands and musicians of diverse genres. Vendors are on-site to provide a variety of food options and beer and wine for purchase.

Go to [www.tetonvalleyfoundation.org/culture/music-on-main](http://www.tetonvalleyfoundation.org/culture/music-on-main) for additional information and to view the lineup of this year's event.

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## Driggs City Skate Park

Complete with half pipes, rails and bowls, the Driggs City Skate Park is a great place to test your sick boarding skills! Bikes and scooters are also welcome.

The park is conveniently located on 5<sup>th</sup> and Ski Hill. To access the park, head East on Ski Hill Road at the stop light. Continue East until 5<sup>th</sup> Street and then turn right. Follow 5<sup>th</sup> street approximately ¼ mile. The skate park is on your left.



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## Gear Sales and Rentals

There is no need to pack your own gear or supplies. Teton Valley has a variety of stores and specialty shops which carry the products you need for your active lifestyle.



[www.DreamchaserEvents.com](http://www.DreamchaserEvents.com)

(208)787-2077

47 So. Main St. Driggs, ID 83422



Dreamchasers specializes in running supplies. We have a wide variety of shoes, clothing and gear necessary for both road and trail activity. Our selection of hydration and nutritional supplies, including Mountain House freeze dried meals, are suitable for any active lifestyle.

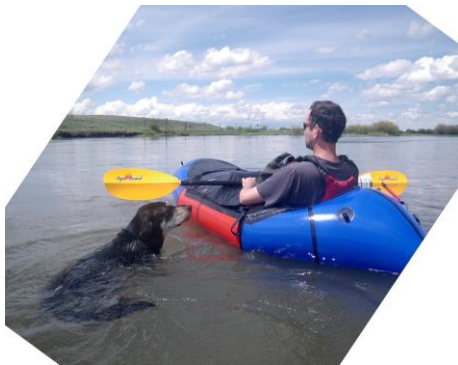
As a Dreamchasers race participant, you will receive 10% off your entire in-store purchase. This offer does not apply to already discounted items.



[www.jhpackraft.com](http://www.jhpackraft.com)

(907)830-1016

Packrafts are lightweight, portable, durable, inflatable rafts that are easily carried on your back. They are so light they can be carried over long distances. These versatile rafts are great for multiple uses such as fishing, floating, cargo transportation and shelter from a storm. You can also use your packraft as a sleeping device. With a packraft, there is no limit to your possibilities in adventure! Teton Valley Idaho pickup is available for your convenience.



**~ RUN • PADDLE • FLOAT • REPEAT ~**

As a Dreamchasers race participant, you will receive 15% off your packraft rental. Simply mention that you are a race participant at time of reservation.

## Peaked Sports

[www.peakedsports.com](http://www.peakedsports.com)

(208)354-2354

Let the knowledgeable and friendly staff at Peaked Sports help gear you up for your upcoming adventure here in the Teton Valley. Located in the heart of Driggs City, Peaked Sports provides rentals of bicycles, kayaks, canoes and paddle boards at reasonable rates. You can choose from their wide selection of road and mountain bicycles, including cruisers, or single/double touring kayaks and white water kayaks. For the family, Peaked Sports offers kid bike rentals and child bike trailer rentals.

As a Dreamchasers race participant, you will receive 10% off rental rates and merchandise sales. Just mention that you are a race participant at time of purchase.



[www.victoremporium.com](http://www.victoremporium.com)

(208)787-2221

45 N. Main St., Victor, ID 83455

An Idaho fishing license is required for individuals 14 years of age and older. Fishing licenses can be purchased from the Victor Emporium. While you are there, browse through their eclectic array of products, including fly fishing supplies. If you are looking for a souvenir for your trip, Victor Emporium is the place! And don't forget to try one of their world famous huckleberry milkshakes.

## Other Gear Sales and Rental Locations

Grand Targhee Resort	<a href="http://www.grandtarghee.com">www.grandtarghee.com</a>	(800)TARGHEE
Habitat	<a href="http://www.ridethetetons.com">www.ridethetetons.com</a>	(208)354-7669
Victor Outdoor Seconds		(208)787-2887
Yostmark	<a href="http://www.yostmark.com">www.yostmark.com</a>	(208)354-2828
Fitzgeralds Bicycles	<a href="http://www.fitzgeraldsbicycles.com">www.fitzgeraldsbicycles.com</a>	(208)787-2453

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